

CERTIFICATE

OF PARTICIPATION

This is to certify that

Elmie v. Staden

Has successfully participated & completed the

65km Long Race Hazeldean Cowhouse Summer MTB Race

held at Cowhouse Market.

TIME 03:17:35

PACE 19.74km/h **OVERALL** 162 of 256

MASTERS 9 of 16

GENDER 18 of 42





